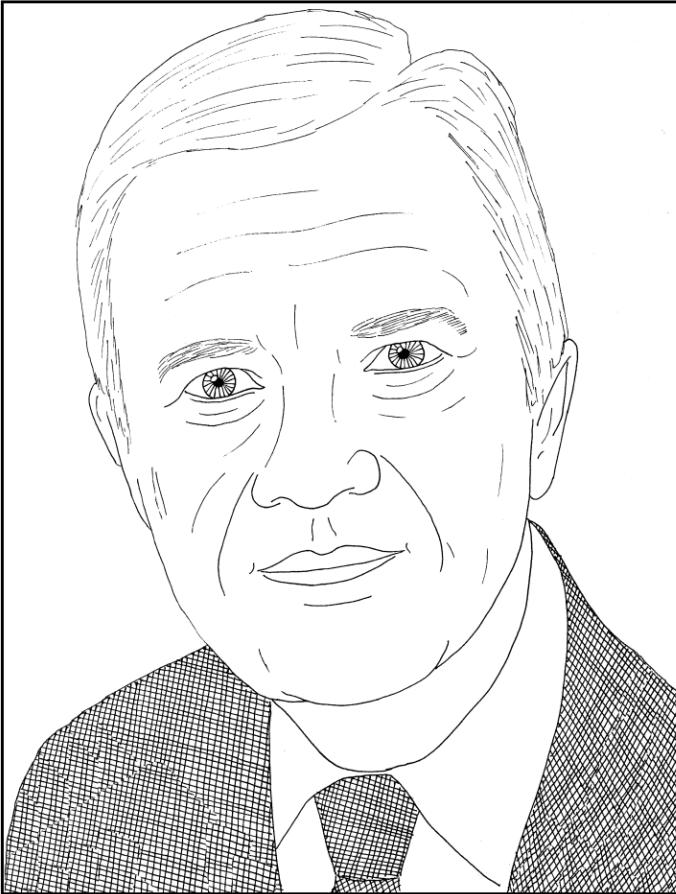


HUMAN RIGHTS DAY - DECEMBER 10



"Everyone has a right to peaceful coexistence, the basic personal freedoms, the alleviation of suffering, and the opportunity to lead a productive life..."
-- Jimmy Carter

The evolution of the human rights movement clearly illustrates humanity's ongoing struggle toward creating a better world.

Throughout history, societies have usually been structured with a powerful minority deciding the course of the lives of the majority. Through the ages, people have worked to change those systems so that they are fairer for everyone. As the world has become more global and interconnected, the human rights movement has been able to spread throughout the world, winning rights for people everywhere. Many victories have been won, but there is still a long way to go.

After the horrors of World War II, the United Nations was created to provide a forum for countries to work out their problems peacefully, and to help nations work together to create a more peaceful, just and sustainable world for all. Protecting and promoting human rights is one of the foundations of the goals of the United Nations.

On December 10, 1948, the United Nations adopted the **Universal Declaration of Human Rights**, which clearly outlined the basic human rights and freedoms to which all people should be entitled. This document continues to be a cornerstone in the struggle for a better world.

Many people and organizations work throughout the year to help protect human rights - often placing their own lives in danger. Human Rights Day, on December 10, is an important global occasion to remind us about the importance of protecting human rights for all.

Do One Thing for a Better World

1. Find out more
2. Hold an event to raise awareness about human rights issues
3. Contribute to organizations working to defend human rights

Human Rights Organizations

- Amnesty International (amnesty.org)
- Carter Center (cartercenter.org)
- Human Rights First (humanrightsfirst.org)
- Human Rights Watch (hri.org)
- Rights International (rightsinternational.org)
- UN Office of the High Commissioner for Human Rights (ohchr.org)
- Witness (witness.org)
- Women's Human Rights Net (whrnet.org)

DO ONE THING

The Emily Fund - Education, Mentorship, Inspiration, Leadership, Youth for a better world

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