

BE A HERO FOR A BETTER WORLD



"I'd say that I think the most revolutionary act that you can commit in our society today is to be happy."
— Patch Adams

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"The happiness of any society begins with the well-being of the families that live in it."
— Kofi Annan

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"Service to a just cause rewards the worker with more real happiness and satisfaction than any other venture of life."
— Carrie Chapman Catt

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"I think happiness comes from self-acceptance. We all try different things, and we find some comfortable sense of who we are. We look at our parents and learn and grow and more on. We change."
— Janis Luc Cole

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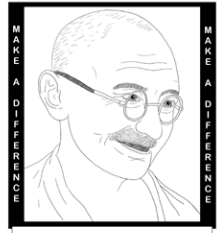
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"Human beings, indeed all sentient beings, have the right to pursue happiness and live in peace and freedom."
— Francis Olybia, 14th Dalai Lama

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"Happiness is when what you think, what you say, and what you do are in harmony."
— Mahatma K. Gandhi

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HAPPINESS DAY

August 8

...make a difference...

Do One Thing for a Better World.

Together
We Make a World of Difference!

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"Sometimes your joy is the source of your smile, but sometimes your smile can be the source of your joy."
— Thich Nhat Hanh

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"We hold these truths to be self-evident: that all men are created equal; that they are endowed by their Creator with certain unalienable rights, among these are life, liberty, and the pursuit of happiness."
— Thomas Jefferson

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"I've realized that being happy is a choice."
— Angelina Jolie

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"The unselfish effort to bring cheer to others will be the beginning of a happier life for ourselves."
— Helen Keller

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"None of those material possessions do anything to make you the any better. I won't do anything for you unless you're a happy person and can love peace with yourself."
— Lenny Kravitz

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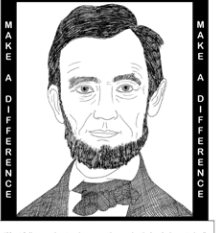
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"When I was 8 years old, my mother always told me that happiness was the way to live, and that was what I tried to do. In what I've done, I've been damn 'happy'. They tell me I don't understand the excitement and I tell them they don't understand me."
— John Lennon

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"Most folks are about as happy as they make their minds up to be."
— Abraham Lincoln

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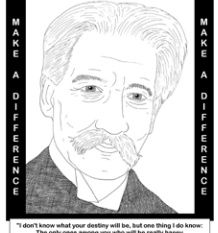
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"Since you get more joy out of giving joy to others, you should put a good deal of thought into the happiness that you are able to give."
— Eleanor Roosevelt

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"I don't know what your destiny will be, but one thing I do know: The only ones among you who will be really happy are those who have sought and found how to serve."
— Albert Schweitzer

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"I think service to others is the real key to winning our own personal freedom and the road to our own happiness, our own personal contentment and fulfillment."
— Maria Shriver

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"Joy is a net of love by which you can catch souls."
— Mother Teresa

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"The task of organizing human happiness needs the active cooperation of man and woman. It cannot be relegated to one half of the world."
— Helen

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